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Exciting summer of events are planned for young people

Children and young people across Chichester District are set for an action-packed summer thanks to a range of exciting activities.

The events include football sessions, military-style training, and multisport and team building activity sessions. They have been organised by Chichester District Council.

Summer Holiday Football in the Community Courses are open to young people of all footballing abilities.

Sessions include training drills, skills, games and tournaments. They focus on all-round player development, individual skills and having fun. All coaches are qualified and have received CRB checks for child safety.

The courses take place at the following locations:

- Thursday 29 and Friday 30 July – Manhood Community College, Selsey
- Thursday 5 and Friday 6 August – Fernhurst Recreation Ground, Fernhurst
- Thursday 12 and Friday 13 August – Midhurst Rother College, Midhurst
- Thursday 19 and Friday 20 August – Oaklands Park, Chichester
- Monday 23 August - Tangmere Recreation Ground, Tangmere
- Friday 27 August – Oaklands Park (Football in the Community End of Summer Tournament)

Personal Development Activity Day is on Tuesday 24 August at Midhurst Rother College, Midhurst. It is an opportunity for young people to take part in military-style activities. These include an obstacle course, physical training and field craft.

The day will be run by the Regimental Recruiting Team from the South East and Home Counties region. The day has been organised by the Council, Sussex Police and the Army Careers Office.

Young people aged 8-14 are also invited to attend **Summer of Sport Sessions**. These will give young people the opportunity to take part in multisport and team building activity sessions on their doorstep for free.

Weekly Summer of Sport Sessions will take place between July and September. They will take place in:

- Harting;
- Tangmere;
- Selsey;
- Bracklesham;
- Southbourne;
- Chichester;
- Fernhurst;
- Midhurst;
- Petworth; and,
- Northchapel.

Street Funk Dance courses are due to start in July in Southbourne and Plaistow. The free courses offer young people a series of fun and dynamic dance workshops. They will take place on a weekly basis culminating in a showcase performance at the 2010 Get Active Festival where each group can demonstrate their choreographed routines.

Councillor Nick Thomas, Portfolio Holder for Sport and Culture at Chichester District Council, says: "There is a big selection of activities on offer and we hope that they will appeal to a wide range of young people. It would be fantastic if some of these activities could offer a progression route into sports for children on a regular basis and not just the summer."

Further information on all the courses can be obtained from Ben Polhill, Sport and Physical Activity Development Officer at Chichester District Council on 01243 534857 or email bpolhill@chichester.gov.uk.

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For further information, please contact Jo Steele,

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